

Nutrition Facts

Serving Size 1 Belgian Waffle

Servings Per Container 22 (5 lb. Bag)

Amount Per Serving

Calories 375

Calories from Fat 22

% Daily Value *

Total Fat 2g **3%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 20mg **7%**

Sodium 340mg **14%**

Total Carbohydrate 82g **27%**

Dietary Fiber 0g **0%**

Sugars 8g

Protein 6g **13%**

Vitamin A 2%

Vitamin C 1%

Calcium 3%

Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g