

Heartland Food Products, LLC
 Buttermilk Pancake Mix
 Complete - Add Water Only
 SKU #2001

Nutrition Facts

Serving Size 1 Buttermilk Pancake
 Servings Per Container 110 (5 lb. Bag)

Amount Per Serving	
Calories 67	Calories from Fat 5
% Daily Value *	
Total Fat 1g	1%
Saturated Fat 0g	1%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 293mg	12%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	6%
Sugars 3g	
Protein 2g	3%
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 1%

* Percent Daily Values are based on a 2,000 calorie diet.
 Your Daily Values may be higher or lower depending on
 your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g