

Heartland Food Products, LLC
 Belgian Waffle Mix
 Malted Vanilla - Add Butter
 SKU #1004

Nutrition Facts

Serving Size 1 Belgian Waffle
 Servings Per Container 48 (5 lb. Bag)

Amount Per Serving	MIX*	BAKED**	
Calories	150	217	
Calories from Fat	7	74	
% Daily Value +			
Total Fat 1g*,8g**	1%	12%	
Saturated Fat 0g,5g	1%	24%	
Trans Fat 0g,0g			
Cholesterol 1mg,21mg	0%	7%	
Sodium 661mg,661mg	28%	28%	
Total Carbohydrate 35g,35g	12%	12%	
Dietary Fiber 4g,4g	14%	14%	
Sugars 11g,11g			
Protein 4g,4g	9%	9%	
Vitamin A	0%	5%	
Vitamin C	0%	0%	
Calcium	8%	8%	
Iron	9%	9%	
* Amount in Mix ** Amount in Baked Waffle using Basic Recipe + Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.			
	Calories:	2,000	2,500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g